

Capital Petanque Club (CPC) - Return to Play in a COVID-safe Environment Framework. (May 2020)

Please ensure you do the following when participating in club social petanque games.

1. Please do not attend petanque if:

- you are feeling unwell or experiencing even mild respiratory symptoms such as cough, sore throat, fever, sneezing, shortness of breath or any other contagious illness (including cold, flu, gastroenteritis);
- you have been advised by health authorities to self-isolate;
- in the last 14 days you had close contact with a known or suspected case of COVID-19.

2. Please bring your own hand sanitisers as it may not be possible for the club to make it available on every game day. Please use it before and after games and whenever necessary.

3. Stand 1.5 metres apart from others, particularly those identified as in vulnerable groups (players over 70, 65 and over with chronic medical conditions or players with compromised immune systems). So no shaking hands, hugging or kissing.

4. If you need to cough or sneeze, please turn away from other people and cough/sneeze into a tissue or your elbow.

5. Please bring your own coche and do not touch other players' boules, coche, measuring tape, scorers or other equipment not your own. Only one player in the team should touch the coche each end. The team that wins the end throws and retrieves the coche for the next end.

6. Club equipment will not be used for games during the initial restart period. Use your own boules and coche and draw a ring on the piste instead of using a portable one.

7. Please don't linger after play is finished as spectators are restricted by current ACT legislation.

More information on community sport activity and Covid 19 requirements can be found on the ACT Government Covid 19 web site at <https://www.covid19.act.gov.au> or at the AIS site Framework for Rebooting Sport in Covid 19 Environment at https://ais.gov.au/__data/assets/pdf_file/0006/730374/35845_AIS-Framework-for-Rebooting-Sport-Summary.pdf